

# Preparedness Information

September is **National Preparedness Month**! Gray County Emergency Management encourages you to put some thought into how **YOU** and **YOUR** family can be prepared for a range of emergency situations. While an earthquake may be less of a possibility, severe thunder storms, tornadoes, and severe winter storms with ice have been visitors to our county. Consider how you would deal **without** electricity for several days or the convenience of being able to run to the store for food. Think about what would be essential for your survival. Here are 3 steps to take action:

1. Get a Kit – Gather Emergency Supplies
2. Make a Plan – Develop a Family Disaster Plan
3. Be Informed – Know Where to Get Information

To get started, a basic emergency supply kit could include the following recommended items:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger

Once you have gathered the supplies for a basic emergency kit, you may want to consider adding the following items:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Cash or traveler's checks and change

- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Emergency reference material such as a first aid book.
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Household chlorine bleach and medicine dropper – When diluted, nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

For more information, contact Sean at Gray County Emergency Management, 620-855-7701.